



SUDBURY GIRLS HOCKEY LEAGUE
Skater's Edge Source For Sports
'GIRLS ONLY HOCKEY SCHOOL'



August 16th - 20th, 2010
McClelland Arena

School Goals:

The Girl's Only Hockey School was designed to assist female hockey players in developing their individual hockey skills at their level, to their highest potential.

The school's fundamental objectives are based on three main developmental areas:

- Physically improving basic hockey skills
- Expanding the intellectual aspects of the game
- Learning while having fun!

Our hockey program is designed in a manner which will instill self-confidence and bring a sense of accomplishment to each hockey participant on and off the ice.

Since we maintain a low instructor to student ratio and because we have experienced instructors who have worked with a variety of age groups and skill levels, we are confident that each hockey school participant will show improvement.

Check Points:

- Five 1.5 hours of on ice instruction for PeeWee players
- Five 1 hour on ice instruction for Novice & Atom players
- Excellent power skating instruction
- Fundamentals of advance level skill development.
- Practice jersey for every girl

AGE GROUPS:

Novice (8 & under): 6:30 - 7:30 pm

Atom (9 & 10 year olds): 7:30 - 8:30 pm

PeeWee (11 & over): 8:30 - 10:00 pm

First 30 applicants per age group accepted

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SUDBURY LADY WOLVES - SUDBURY GIRLS HOCKEY ASSOCIATION

REGISTRATION FORM

Athlete's Name: _____ Date of Birth: _____ Years Playing Hockey _____
 Address _____ City: _____ Postal Code: _____
 Telephone #: _____ Email: _____

Sweater Size: Youth Med Lrg Adult: Small Med Lrg XLg

All registration forms must be accompanied by a full payment of \$125 for Novice (8 & under) and \$160 for 9 & older.

MAIL COMPLETED REGISTRATIONS TO: Sudbury Girls Hockey Association
 c/o Natalie Lafleur-Roy
 121 Field Street
 Lively, ON P3Y 1B3